

Lowdham Flood Buddies!

Lowdham Flood Action Group are writing to everyone in your road to publicise our pairing arrangement to support those who

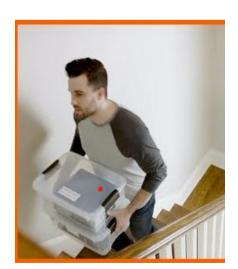
may need additional physical support in a flood event. The group are known as Flood Buddies! We are looking both for Buddies and those who may need a Buddy!

Are you living in a property that has previously flooded, and are you also in need of help and assistance during a flood event due to personal physical limitations?

Or, are you willing and able to pair up with any other resident(s) in your area whose property may be prone to flooding and who may need additional physical support? They may be elderly or just in need of more able-bodied support.

Being a Flood Buddy involves making contact with the person you are paired with so that you become 'buddies', and joining our FLAG WhatsApp chat group so that you can be alerted when we think there is a potential flooding event. If the alert is raised, you will then alert and assist your pairing to do things like put out sandbags, move small household items out of harm's way, or gather up a grab bag.

Buddies are not expected to lift and carry heavy furniture. Buddies should ensure a back up if they are absent during an event, or contact the Buddies coordinators Sue and Jay if no back up is available.



If you either want to request a Buddy to pair with you, or you wish to volunteer as a Buddy, please email Lowdham FLAG at lowdhamflag@gmail.com, or contact Sue and Jay Curzon on 07535 635823

