

Dear Volunteers,

**Meals in Lowdham**

Lowdham Volunteers, with the support of local businesses, Lowdham Parish Council and Notts County Council village fund, are able to provide a number of free meals. We encourage people to request meals and will distribute them as best we can, so please apply.

We recognise some families have a greater need but we are considering key workers coming off shift, individuals or families with the virus, individuals or families in isolation, flooded families with limited cooking facilities and local families / individuals who would benefit from a ready made home cooked meal. This isn't planned as a regular service like meals on wheels but while local businesses are prepared to offer this service it is nice for people to receive a helping hand from their community.

Requests for meals should be completed 24 hours in advance via the web page at [www.lowdhamvolunteers.org/meals](http://www.lowdhamvolunteers.org/meals) and will be delivered by a small team of volunteers. Vegetarian options will be available.

Thank you very much

Judith Lee,

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